



## Information for the MS1 Class: 01/13/22

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### MS1 Introduction to Career Planning

Please join Linh, Tonja and Sarah, for this session on setting yourself up for success in career planning from Foundations through to Match. We will spend the last 15 mins doing Q&A so please bring your questions!

**WHO:** MS1s from Seattle, Spokane, Alaska, Montana, Idaho (WY already had a session)

**WHEN:** Thursday, January 27, 5:30-6:15 PM Pacific/4:30-5:15 PM Alaska/6:30-7:15 PM Mountain

**ZOOM:** <https://washington.zoom.us/j/94367873002>

**WEBSITE:** <https://education.uwmedicine.org/career-advising/>

[Sign up for email reminders in CAS.](#)

The MS1 Career Planning seminar will be recorded and distributed to the MS1 class. Please contact [Sarah Thomson](#), Director of Career Advising, with questions.

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### Curriculum Vitae Group Review Sessions by Career Advising

Every Friday from 12:00-12:30 PM PT, Starting February 4, 2022

These interactive group sessions are a great way to further develop your Curriculum Vitae (CV) and be well prepared for residency application. You will submit your draft CV at the time of registering for the session. Career Advisors will provide you with individualized feedback after you attend the group session.

[Before attending a session utilize the resources and guidance provided on the Career Advising CV website.](#)

[Register for an upcoming session.](#)

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### Career Advising Student Advisory Board - Tip of the Month

We hope you had a restful winter break! CPR can be a demanding block, so we know you're busy studying and ironing out your summer projects. This month's tip is to remember that all the physicians teaching and mentoring you at this stage are great resources even beyond the classroom. Get to know your small group leads! You can always ask them about what their specialty is like and how they decided on a specialty when they were in your shoes!

Written by Career Advising Student Advisory Board member, Shanelle Briggs and reviewed by a second BIPOC Board member, L'Oreal Kennedy.

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**In case you missed it:**

Here is a [link to the Jan. 6, 2022 Student Newsletter Information for MS1s](#).

**Have a great week!**